

CERTIFIED PADEL COACH

EVALUATION CRITERIA

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The evaluation criteria of the modules, blocks and exams of the Certified Padel Coach are shown next:

BLOCK 1 (Online content - modules 1 to 6)

1. MODULES 1, 2 AND 3

- The chapters of modules 1, 2 and 3 have evaluation questionnaires associated with them.
- Each questionnaire consists of 10 multiple choice questions, where only 1 answer is correct.
- To successfully pass each questionnaire you have to get 80% correct questions (8/10).
- The questionnaire can be repeated up to a maximum of 10 times. Once these 10 attempts have been made, you should contact the student support and attention department.
- It is MANDATORY to pass the questionnaires for modules 1, 2 and 3 in order to attend the face-to-face part.

2. MODULES 4, 5 AND 6

- The chapters of modules 4, 5 and 6 consist of only viewing the videos and / or reading the content. They do NOT have an evaluation questionnaire associated with them.
- It is MANDATORY to view the videos and / or read the content in order to attend the face-to-face part.



BLOCK 2 (Three-day face-to-face training)

- During the on-site training, all players acting as students in the on-court exercises will perform the playing part with their non-dominant hand.
- The third day is intended and corresponds to the evaluation of what was seen the two previous days.
- The exam consists of 4 phases: throwing, technique, methodological design and multiple test questionnaires. (Performed in that order).
- Examination grades will be available on the platform within a maximum of 15 calendar days after the exams have been taken.
- In case of different grades in any of the four exams, the lowest grade will always prevail.

Practical example 1:

- Technique: Head coach
- Throwing: Assistant coach
- Methodology: Head coach
- Multiple answer questionnaire: Passed
- Final qualification: ASSISTANT COACH

Practical example 2:

- Technique: Head coach
- Throwing: Head coach
- Methodology: Failed
- Multiple answer questionnaire: Passed
- Final qualification: FAILED



1. TECHNIQUE EXAM

The technique exam consists of a total of 86 strokes, which are developed as follows:

- 2 test shots on each stroke (DO NOT COUNT)
- 4 shots on each stroke (DO COUNT)

1.1. SERVE

- Serve to the side wall: (X2) the ball must touch the side wall before the second bounce.
- Serve to the T: (X2) maximum 50 cm from the line and cannot bounce 2 times in the service rectangle.

1.2. BACK WALL - RIGHT SIDE

- Cross court forehand: (X4) one short and one long lob doesn't count.
- Forehand side wall: (X4) one short and one long free height and direction.
- Backhand back wall: (X4) one short and one long free height and direction.
- Forehand open double wall (side wall back wall): (X4) one short and one long free height and direction.
- Forehand closed double wall (back wall side wall): (X4) one short and one long free height and direction.

1.3. BACK WALL - LEFT SIDE

- Cross court backhand: (X4) one short and one long lob doesn't count.
- Backhand side wall: (X4) one short and one long free height and direction.
- Forehand back wall: (X4) one short and one long free height and direction.
- Backhand open double wall (side wall back wall): (X4) one short and one long free height and direction.





• Backhand closed double wall (back wall - side wall): (X4) one short and one long - free height and direction.

1.4. NET GAME - RIGHT SIDE

- Cross court forehand volley: (X4) one short and one long.
- "Bandeja" to side wall. (X2)
- "Bandeja" to back wall. (X2)

1.5. NET GAME - LEFT SIDE

- Cross court backhand volley: (X4) one short and one long.
- Parallel smash. (X2)

IMPORTANT:

- The technique of each stroke must be carried out according to the technical models developed and taught in the online content and in the face-to-face training.
- Strokes must be executed WITHOUT SPIN, i.e. with FLAT STROKE. Strokes with spin WILL NOT BE EVALUATED and will be counted as invalid.

To pass the exam with Assistant Coach qualification it will be necessary to throw correctly at least **60%** of the balls thrown.

To pass the exam with a Head Coach qualification, it will be necessary to obtain at least **80%** of the maximum total qualification.







2. THROWING EXAM

The throwing test consists of 56 throws, which are developed as follows:

- I test throw on each stroke (DOES NOT COUNT)
- 3 throws on each stroke (DO COUNT)

2.1. BACK WALL - RIGHT SIDE

- Forehand (X3)
- Backhand (X3)
- Forehand back wall (X3)
- Backhand back wall (X3)
- Forehand side wall (X3)
- Forehand open double wall (side wall back wall) (X3)
- Forehand closed double wall (back wall side wall) (X3)
- Forehand volley (X3)
- Backhand volley (X3)
- Lob for "Bandeja" (X3)
- Lob for backhand (X3)

2.2. BACK WALL - LEFT SIDE

- Backhand side wall (X3)
- Backhand open double wall (side wall back wall) (X3)
- Backhand closed double wall (back wall side wall) (X3)

To pass the exam with instructor qualification it is necessary to correctly throw at least **60%** of the balls.

To pass the exam with instructor qualification, it is necessary to obtain at least **80%** of the maximum total qualification.





3. METHODOLOGY EXAM

- To face this third part of the face-to-face exam with guarantees, students must study the PADELMBA METHODOLOGY indicated in module 2.
- The students will be examined in this teaching method, where the sequence and the process in the structure of the class must be respected.
- Different class structures are randomly assigned to students, where the main goal and one or two secondary goals are indicated, in addition to the number of students they will have in the class and their level.
- The student will have between 30 and 45 minutes to design the practical methodology session on his/her worksheet and to answer the questions corresponding to the multiple-choice questionnaire.
- The assessment criteria for the practical examination are as follows:

Presentation:

- 1. How you introduce yourself and how you present the goals of the session.
- 2. Demonstration and explanation of the main stroke of the session.

Planning:

- 3. Specific warm-up related or coherent with the goals.
- 4. Coherence of tactical and technical concepts to be worked on.
- 5. Use of analytical, game-based and mixed methodology or "sandwich method".
- 6. Demonstration and explanation of the exercises and where to place the students.

Lesson dynamics:

- 7. Appropriate tone of voice and pace of the class.
- 8. Appropriate feedback and corrections.
- 9. Accuracy of throwing.

End of the lesson:

10. Final feedback and mention work of the following session.



To pass the exam with assistant coach qualification, it will be necessary to obtain at least **60%** of the maximum total qualification.

In order to pass the exam with the head coach qualification, it is necessary to obtain at least **80%** of the maximum total qualification.



4. MULTIPLE CHOICE EXAM

- Completion of an exam with questions based on the contents developed in blocks 1 and 2.
- This questionnaire consists of 10 multiple-choice questions and can be PASSED OR FAILED.
- To pass the test, 60% of the questions must be answered correctly (6 out of 10).



NOTE: In case of failing any of the four exams (technique, throwing, methodology and questionnaire) or if the student wants to move up a category (from assistant coach to head coach), the student will have a second call at no additional cost. After this second exam, the student should contact PadelMBA management to see the next options and exams.



BLOCK 3 (Final Project and Continuous Training)

- Once blocks 1 and 2 (modules 1 to 6 and face-to-face training) have been passed, the student has to develop and present the planning for 4 sessions taking into account the following characteristics:
 - Level: choose between beginners, intermediate or advanced.
 - Number of students: choose between 2, 3 or 4 students.
 - Goals of the session: to your choice.
- The sessions must follow a logical progression, appropriate to the level and goals of the lesson and following the methodology learnt during the course.
- The sessions must follow a logical progression, appropriate to the level and goals of the lesson and following the methodology learnt during the course.
- The Project can be PASSED or FAILED.
- In case of a PASS, the student will be certified with the grade obtained in block 2 (assistant coach or head coach).
- In case of a FAIL, you will have a maximum of two additional opportunities.
- After these three opportunities (1+2), in case of FAILING, the student will have to contact PadelMBA management to see the following options.
- Block 3 of the Certified Padel Coach is associated with continuous training through modules 7, 8 and 9.
- The chapters of modules 7, 8 and 9 have evaluation questionnaires associated with them.
- Each questionnaire consists of 10 multiple choice questions, where only 1 answer is correct.
- To successfully pass each questionnaire you have to get 80% correct questions (8/10).



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