

University Master's Degree TEACHING PADEL FOR KIDS





GOALS

1

Deepen knowledge and broaden professional skills related to the teaching and training of kids padel in different areas (methodology, technique, tactics, physical conditioning, exercise

design, etc.).

2

Have access to all
PadelMBA's high quality
contents and audiovisual
material

3

Obtain an official
qualification accredited by
the University of Murcia and
endorsed by PadelMBA

4

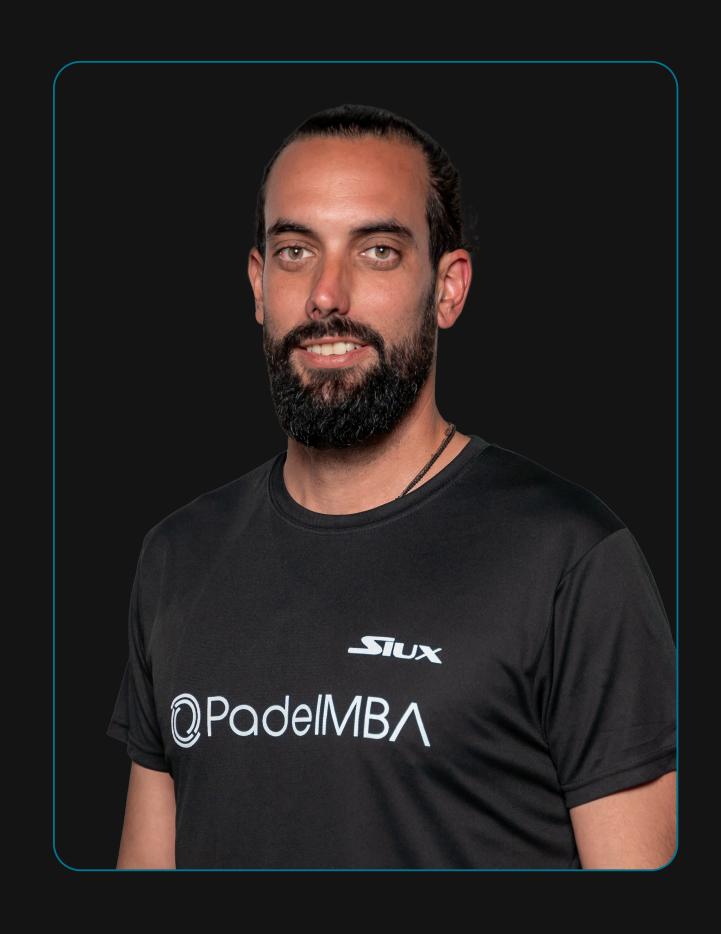
To increase the possibilities of finding a job by accessing the PadelMBA **job market**







DIRECTOR



BERNARDINO J. SÁNCHEZ-ALCARAZ MARTÍNEZ

- ► Dr. in Physical Activity and Sport Sciences
- ► Teacher of the Faculty of Sports Sciences. University of Murcia
- ► Racket Sports Teacher. Degree in Physical Activity and Sport Sciences. University of Murcia
- ► Director and teacher of different university padel teaching courses
- ► Author of numerous articles and books on padel
- ► Founder of PadelMBA Science

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TEACHERS



MANUEL MARTÍN REINA



PAU CALATAYUD ANDRÉS



BERNARDINO J. SÁNCHEZ-ALCARAZ MARTÍNEZ



DIEGO MUÑOZ



FERNANDO GARCÍA JIMÉNEZ



IVÁN LIDÓN







STRUCTURE AND CURRICULUM

COURSE I

Padel update seminar

COURSE II

Methodology and planning in kids padel

COURSE III

Technical-tactical fundamentals in padel for kids

COURSE IV

Physical conditioning in padel for kids

COURSE V

Padel research







CONTENT OF EACH COURSE

VIDEO-LESSONS

Each course is made up
of different 15-minute video
lessons. The total duration
of each course is between
5 and 10 hours of video lessons

COMPLEMENTARY MATERIAL

In each of the 5 courses,
complementary material
will be provided for the student
to consult and read: dossier
of notes, presentations, scientific
articles on padel, templates for
the design of tasks, examples
of the different contents
presented, etc

ASSESSMENT

At the end of each course,
the student must complete
an evaluation task that will be
submitted through the virtual
classroom of the master's degree







COURSE I. PADEL UPDATE SEMINAR

CONTENT

- ► Presentations by professional padel players and coaches
- ► Developed online, in real time, allowing you to interact with the speakers

START DATE

Saturday, 29th October 2022



MANUEL MARTÍN REINA







COURSE II. METHODOLOGY AND PLANNING IN KIDS PADEL

CONTENT

- Basics of kids padel
- ► Communication in kids padel
- Planning in kids padel
- ► Teaching methodology in kids padel

START DATE

Tuesday, 1st November 2022



PAU CALATAYUD ANDRÉS







COURSE III. TECHNICAL-TACTICAL FUNDAMENTALS IN PADEL FOR KIDS

CONTENT

- ► Technical-tactical basics of padel for kids
- ► Training of ground strokes in padel for kids
- ► Training net strokes in kids padel
- ► Training of aerial strokes in kids padel

START DATE

Monday, 9th January 2023



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COURSE IV. PHYSICAL CONDITIONING IN PADEL FOR KIDS

CONTENT

- ► Physical abilities padel for kids
- ► Physical skills in padel for kids
- ► Physical conditioning in padel for kids

START DATE

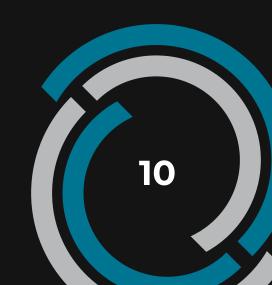
Monday, 27th March 2023



PAU CALATAYUD ANDRÉS







COURSE V. PADEL RESEARCH

CONTENT

- ► Research in padel and its application to training and competition
- ► Analysis of padel performance
- ► Preparation of reports based on statistics and data collection in padel
- ► Final Master's thesis

START DATE

Monday, 15th May 2023







BERNARDINO J. SÁNCHEZ-ALCARAZ MARTÍNEZ



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FERNANDO GARCÍA JIMÉNEZ



IVÁN LIDÓN



CONTACT

TECHNICAL DOUBTS

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ACADEMIC DOUBTS

Private message through the virtual classroom to the coordinator of each of the master's courses

TUTORING

3 real time tutorships during the master's course









THANK YOU VERY MUCH



